

Telehealth: Senior Intensive Outpatient Program

Telehealth enables you to remotely connect with healthcare services and information by phone, tablet or computer. This service allows you to see and speak with a doctor, nurse or therapist just as you would during an in-person consultation — all in real time, respectful of social distancing practices, and from your own home.



Struggle with:

- ❖ Grief
- ❖ Anxiety
- ❖ Sadness
- ❖ Giving up
- ❖ Confusion
- ❖ Loneliness
- ❖ Tearfulness
- ❖ Lack of trust
- ❖ Mood swings
- ❖ Hopelessness
- ❖ Hallucinations
- ❖ Loss of energy
- ❖ Loss of interest
- ❖ Loss of appetite
- ❖ Trouble sleeping
- ❖ Poor appearance

This program assists the senior adult population for adults ages 60 and over. Patients learn to facilitate changes in their daily lives so they can become emotionally and mentally stronger as they face life's challenges.

For more information, please call 662-837-2190