

October 2020

## Good afternoon!

Tippah County Hospital Senior Intensive Outpatient Program (IOP) is a counseling center that assists the senior adult population in restoring emotional and mental well-being. The psychotherapy program is designed to provide outpatient therapy in a comfortable, home-like environment. Patients are provided three group sessions per day with a licensed therapist. A board-certified psychiatrist and nurse practitioner will oversee the clinic. Medication management and individual sessions will be provided by a licensed professional as needed.

All services provided by the Tippah County Hospital Senior IOP are ordered and reviewed by our psychiatric nurse practitioner. Patients participate in the program for approximately three hours, two to four days per week as deemed appropriate by the provider and the patient. Services are offered Monday-Thursday.

During the pandemic, we are currently providing telehealth services. Patients from home are welcome to visit the clinic in person or via computer/tablet. Nursing home residents can connect via telehealth, which also enables them to remotely connect with a licensed therapist for group psychotherapy sessions each week and a chance to meet with the provider as well. This service allows patients to see and speak with the provider or therapist all in real time, respectful of social distancing practices, and from their own place of residency.

Please contact me at 662-837-2190 with any inquiries or referrals, and I will be happy to assist you!

Senior Intensive Outpatient Program

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